

DIAPER DERMATITIS

PEDIATRIC

YOUR BABY HAS BEEN DIAGNOSED WITH DIAPER DERMATITIS, MORE COMMONLY KNOWN AS DIAPER RASH

WHAT IS IT?

The principal symptom is a red rash on the buttocks. In severe cases, symptoms such as fever and widespread rash can occur.

HOW DID I GET IT?

Diaper rash is linked to wet or infrequently changed diapers, diarrhea, new foods, and antibiotics.

MORNING TREATMENT

1. Clean the area in the morning with mild cleanser like Cetaphil or CeraVe.
2. Dry area completely (consider using the cold setting on your blow-dryer)
3. Apply Ketoconazole Cream
4. On top of the area apply a generous amount of Desitin Cream (not extra creamy) to prevent urine from touching the skin
5. After urination, apply more of the Desitin

EVENING TREATMENT

1. Clean the area with mild cleanser like Cetaphil or CeraVe either in a bath or using a squirt bottle over the toilet. Wipe off the Desitin completely.
2. Then apply Ketoconazole cream

Call our office in 2 weeks to let us know how the treatment is progressing. If improved, we will stop the Ketoconazole cream and start using the Zeasorb Powder.



REMEMBER

The key to successful treatment of diaper dermatitis is not allowing anything irritating (urine or feces) to touch the affected skin.