

LEUKONYCHIA

YOU HAVE BEEN DIAGNOSED WITH LEUKONYCHIA

WHAT IS IT?

Leukonychia (or leuconychia), also known as white nails or milk spots, is a medical term for white discoloration appearing on nails. It is derived from the Greek words leuko ("white") and nychia ("nails"). The most common cause is injury to the base of the nail where the nail is formed.

HOW DID I GET IT?

Leukonychia most often develops as a result of mild to moderate trauma to your nail. If you can't think of anything that could have injured your nail, consider the fact that nails grow very slowly, so the injury may have occurred weeks before the spots ever appeared. Another possibility is that the spots could be a sign of a mild infection or allergy, or a side effect of certain medications.

TREATMENT

There is no treatment for leukonychia. However, the white spots usually disappear over time as the nail grows. If leukonychia is caused by other medical conditions, that condition must be treated separately.



"MILK SPOTS"

