

VBEAM LASER

RECOVERY AND CARE

To achieve desired results, proper skin care after and between treatments is essential. It is best to maintain the health of your skin by using a daily moisturizer. Avoid sun exposure and tanning of the areas to be treated throughout the treatment course. Most patients will be able to return to normal activities directly after treatment. Women can wear makeup right away.



IMMEDIATELY AFTER VBEAM LASER TREATMENT

- You may feel mild stinging, burning or heat in the area.
- The skin in the treated area may be slightly red and swollen, which may last less than 24 hours.
- Occasionally, mild swelling may last several days.
- There may be a few spots of purple bruising, which will gradually fade in 5 to 7 days.
- Discomfort should fade in a very short time, but if it persists, use cold compresses to soothe the area. Soak a soft cloth in ice water and gently place it over the affected area, changing as often as necessary.

FIRST FEW DAYS AFTER LASER TREATMENT

- Avoid sun exposure or tanning.
- Apply covered ice compress (no direct ice) for discomfort, especially during the first 24 hours to counteract swelling.
- Apply moisturizer or topical antibiotic cream, if needed.
- Avoid using Retinoids for two weeks following treatment.
- Avoid scrubbing or rinsing the area with abrasive skin cleansers.
- Use a gentle cleanser twice a day. Wash the area with your fingers-Do not use a washcloth. Blot dry gently with a towel to avoid scarring.

POSSIBLE SIDE EFFECTS

You may experience temporary discoloration or reddening of the skin around the treatment area. Pigmentary changes in skin color may be experienced by some patients. The skin will typically return to normal pigmentation over time.

Please call the office at 599-432-SKIN if you notice blistering or crusting.