
LASER GENESIS TREATMENTS

BEFORE AND AFTER CARE

BEFORE YOUR TREATMENT

- Do not wear makeup on the day of treatment
- Excess hair may need to be shaved. Men should be cleanly shaved
 - No sun-tanning or self-tanners 4 weeks prior to treatment
- Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.)
- Notify our office with any changes to your health history or medications since your last appointment
- History of herpes or cold sores may require an anti-viral prescription prior to treatment



AFTER YOUR TREATMENT

- Multiple treatments are required
- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage
- Avoid heat – hot tubs, saunas, etc. for 1-2 days
- Bruising, redness, blistering, swelling may occur and resolve with time. If they are not gone in one week, please contact our office

Skin Care

- For one week after treatment use only gentle cleanser and moisturizer
- Avoid skin irritants for one week post-treatment
 - Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.
- You may resume skincare regime in one week.