

PREPARING FOR SURGERY

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You have an upcoming surgical procedure scheduled at Valley Skin Institute.



WHAT TO EXPECT FROM THE SURGERY

1. The surgery will be performed under local anesthesia (you are awake for the entire procedure).
2. You can eat/drink and take all of your regular medications the morning of your procedure.
3. Please have the following items at home to use after the surgery. You will receive written instructions on how to use them.
 - Vaseline or Aquaphor. Generic is fine.
 - Non-Stick Dressing Pads – If your wound is small, a large band-aid can be used as long as the white non-stick pad covers the entire wound.
 - Sterile Gauze Pads.
 - Roll of Medical Tape, Paper Tape or Silk Tape.
 - Cotton Balls or Q-tips.
 - Optional: Hydrogen Peroxide.
4. The stitches will stay in place for 7-14 days (depending on the location).
5. Physical activity should be minimized after the surgery.
6. If the surgery is performed on the arms/legs, you will be asked to elevate the area as much as possible.

ANTIBIOTIC

If needed, Dr. Storey will prescribe an antibiotic on your initial visit.

ANTIBIOTIC	DOSE 1 HOUR PRIOR TO PROCEDURE	DOSE 6 HOURS AFTER PROCEDURE
Cephalexin	1 g orally	0.5 g orally
Dicloxacillin	2 g orally	1 g orally
Clindamycin*	300 mg orally	150 mg orally
Erythromycin*	1.5 g orally	0.5 g orally

*Alternative regimens for patients allergic to penicillin.