

BOTOX®

BOTOX: HOW IT WORKS AND WHAT YOU NEED TO KNOW ABOUT IT



BOTOX® is by far the most popular cosmetic treatment in the U.S., with more than 750,000 treatments performed each year, according to the most recent statistics from the American Society of Plastic Surgeons. But while we all know BOTOX can be a great option for reducing wrinkles and lines, most of us don't know how it works — or what other problems it can treat. Here's a quick primer on BOTOX, so you can have a better understanding of what to expect from your treatment.

HOW BOTOX WORKS

In cosmetic treatments, BOTOX works by blocking the signals between your facial muscles and your brain. That means that when you make certain facial expressions, specific facial muscles, like those in your forehead or around your eyes, won't tug and pull on your skin — and lines and wrinkles won't be able to form. It typically takes 7 to 10 days to see results which can last between 2 and 6 months depending on the patient.

BOTOX works in a similar way for treating other conditions, as well. In hyperhidrosis, BOTOX works by controlling sweat gland activity — specifically, it helps reduce or stop glands from producing and releasing perspiration. BOTOX has been approved by the FDA to treat hyperhidrosis in the underarm area, and it's also used off-label for hyperhidrosis in other areas of the body, like the feet and hands.

At Valley Skin Institute, our providers use BOTOX injections to help patients with hyperhidrosis get their sweating under control, so they can lead more comfortable, more confident lives. During treatment, BOTOX is injected into several locations in the underarm area, using a very fine needle for accurate placement and greater comfort for you. Treatments typically take a half-hour or less, and you can go back to your regular routines immediately afterward. Typically, it takes a few days to a week or so for sweating to stop, and it may take up to two weeks to see your complete results.

BOTOX is not a permanent solution. Depending on your specific needs, your results may last anywhere from two months to a year. The good news is, you can schedule injections on a regular basis, so you can continue to enjoy the results of your treatment indefinitely.

There is no downtime following your treatment.